

TOMATO AND PEAS BALCHAO

(V. Menezes)

Ingredients

1 kilo tomatoes
3 ozs peas,
2 onions,
1 tsp chilli powder,
½ tsp cumin powder
¼ tsp turmeric
Ginger, garlic, kari patta(curry) leaves,
½ cup vinegar
Oil, Sugar

Method:

- ❖ Cut tomatoes in small pieces and keep aside.
- ❖ Fry onions in hot oil, when they are light brown, add ginger and garlic, masalas and peas.
- ❖ Fry slightly, add tomatoes.
- ❖ When tomatoes are soft, add vinegar, sugar and salt.
- ❖ Cook on low fire.
- ❖ When oil comes up to the top, it is ready.