

NECTARINE /PEACH CHUTNEY

(Patsy Lobo)

Ingredients

3 lbs nectarines or peaches can use both (cut up in cubes)
3 cups sugar (can use all brown or half white & half brown sugar)
½ tsp cinnamon powder
1 tbsp ginger paste
1 tbsp garlic paste
2 tbsp red chilli powder
1½ cups vinegar
½ cup raisins (optional)
½ tsp salt

Method

- ❖ In a large pot, put in sugar with the vinegar and cook till sugar is dissolved.
- ❖ Take off stove, to this add in garlic & ginger paste with chilli powder and salt.
- ❖ Add in the cut up nectarines/peaches and raisins if using.
- ❖ Put pot back on stove and cook on low fire till nectarines are cooked (for about ½ hour), stir on and off, do not allow mixture to burn in bottom of pot. When done take off stove.
- ❖ Cool and bottle.