

LETHRI

(Phyllis D'Souza)

Ingredients

2 coconuts (fresh and slightly tender)

1 large sandwich bread

1 kilo sugar

Raisins / almonds

Essence

Method:

- ❖ Make a syrup of sugar and add to the centers of the bread, coconut (previously scraped), raisins, almonds and essence
- ❖ Cook till it thickens.
- ❖ Then remove onto a plate, decorate with raisins and almonds.
- ❖ Keep open for a while and allow it to dry.