

CROQUETTES

(May D'Souza)

Ingredients

4.5 kilos meat
8 tbsps coriander powder
2 tsp cumin powder
2 tsp cinnamon powder
2 tsp cloves
2 tsp black pepper
2 tsp paprika
8 strips bacon
12 eggs
8 green chillies
1 bundle fresh coriander
Vinegar
4 maggie cubes
6 onions
Salt/sugar to taste
2 tbsp each garlic/ginger
Breadcrumbs
2 loaves bread

Method:

- ❖ Cut meat in cubes and add dry spices. Cook until tender.
- ❖ Mince meat adding green chillies, fresh coriander, eggs and bread soaked in water and squeezed.
- ❖ Once you have a smooth paste, roll in bread crumbs and fry.
- ❖ Makes 250 croquettes.