

CASHEW NUT TOFFEE

(Tia Francis)

Ingredients

1 lb cashew nuts - ground or blended with milk
1 lb sugar
1 cup milk
4 ozs butter
1 tsp vanilla essence
½ almond essence
Food colouring

Method

- ❖ Mix all the ingredients in the pan.
- ❖ Stir constantly over a medium heat till it thickens.
- ❖ Add food color, stir well and then pour into a greased flat dish.
- ❖ Cut into squares or as desired.